

# DISCOVERY FILM FESTIVAL

Scotland's International Film Festival  
for Young Audiences



## Teachers' Resource Pack: **Shorts for Middle Ones 2023 – Vacht (Fur)**

First and Second Levels | Created by Tinike Dingwall

**Discovery Film Festival: Sat 21 October – Sun 5 November 2023**

### DCA

Dundee Contemporary Arts

DUNDEE  
ONE CITY, MANY DISCOVERIES

CREATIVE LAND SCOT  
ALBA | CHRUTHACHAIL

[discoveryfilmfestival.org.uk](https://discoveryfilmfestival.org.uk)

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With support from the DCA Cinema and Learning teams



## Introduction

Discovery Learning Resources give you exciting classroom activities to enhance Curriculum for Excellence delivery.

They are created by classroom teachers and education professionals.

Each resource aims to:

- support and extend working with film in the classroom
- help prepare teachers for a class visit to a Discovery Film Festival film and to extend the impact of that visit for delivery of CfE
- develop confidence in Moving Image Education approaches and working with 21<sup>st</sup> Century Literacy/moving image texts

Each resource is free and available to download from:  
<http://www.discoveryfilmfestival.org.uk/resources>:

### ***Vacht (Fur)***

Dir: Madeleine Homan

The Netherlands 2022 / 5m21s

Dutch with English subtitles

# Vacht (Fur)

## Synopsis:

A girl pursues a connection with her sister, who is covered by a strange grey fur. It is soft and uncanny at the same time. It grows between them, and they drift further apart from each other

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## Teacher's notes:

A film which introduces the topic of mental health issues from a child's point of view.







## **Before watching the film**

### Activity 2: **Health/Wellbeing**

In the film one of the sisters is very unhappy. How do you know this?

<https://www.bbc.co.uk/newsround/38082989>

A good video to introduce the topic of depression.

[https://www.youngminds.org.uk/young-person/mental-health-conditions/depression?gclid=EAlalQobChMIk4epg7SdgAMVKZJoCR0S2g93EAAYAiAAEgJxpFD\\_BwE#Whatisdepression](https://www.youngminds.org.uk/young-person/mental-health-conditions/depression?gclid=EAlalQobChMIk4epg7SdgAMVKZJoCR0S2g93EAAYAiAAEgJxpFD_BwE#Whatisdepression)

Depending on age pupils can look at through this website themselves or you may wish to look at sections as a class. Discussing what depression is and some of the things that can be done to help support young people and their families.

**Task:** pupils to make up leaflets on what depression is, how to get help and how to support others.

*I understand that there are people I can talk to and that there are a number of ways in which I can gain access to practical and emotional support to help me and others in a range of circumstances.*

**HWB 0-03a / HWB 1-03a / HWB 2-03a**

*I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave.*

**HWB 0-04a / HWB 1-04a / HWB 2-04a**

*I understand the importance of mental wellbeing and that this can be fostered and strengthened through personal coping skills and positive relationships. I know that it is not always possible to enjoy good mental health and that if this happens there is support available.*

**HWB 0-06a / HWB 1-06a / HWB 2-06a**

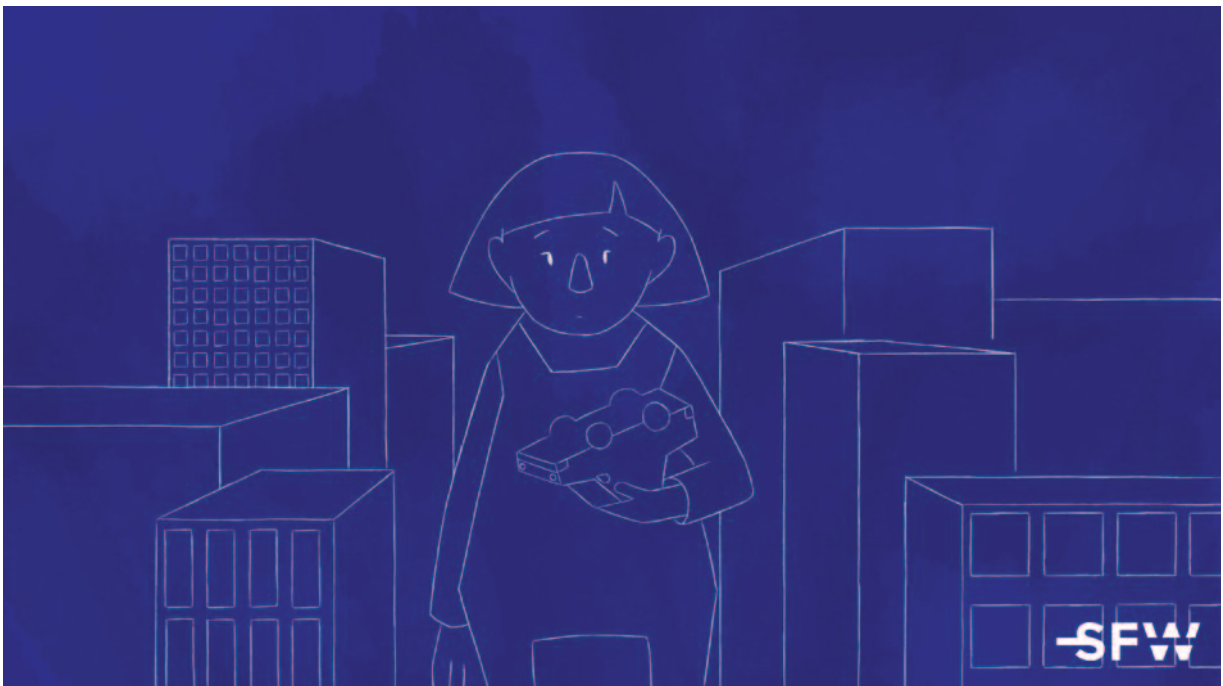
*I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support.* **HWB 0-08a / HWB 1-08a / HWB 2-08a**










Activity 3: **Art & Design**

The film changes from coloured animation to blue and white line only animation.





# Sensory Scene Setting

 SEE	 HEAR	 SMELL	 TOUCH	 TASTE





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## Evaluating this resource

We hope that you found this resource useful and appropriate.

Please do send us any film reviews, letters from your pupils, documentation of classwork and your feedback by e-mailing [mike.tait@dca.org.uk](mailto:mike.tait@dca.org.uk).

## Would you make a good Discovery Film Festival Case Study?

We are seeking a number of simple Case Studies in how teachers have used or are using Discovery films in the classroom across Curriculum for Excellence and across the Levels.

Any case studies that we develop would be intended for presentation on GLOW, the Creativity Portal and on Discovery Film Festival websites. We have a simple template to be completed and are keen to have classwork and documentation included.

If you would like to be a Discovery Case Study please e-mail [sarah.derrick@dca.org.uk](mailto:sarah.derrick@dca.org.uk)